Protocol for the Examination of Specimens From Patients With Carcinoma of the Esophagus

Version: Esophagus 4.0.0.0  Protocol Posting Date: June 2017
Includes pTNM requirements from the 8th Edition, AJCC Staging Manual

For accreditation purposes, this protocol should be used for the following procedures and tumor types:

<table>
<thead>
<tr>
<th>Procedure</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Surgical Resection</td>
<td>Includes specimens designated esophagectomy and esophagogastrectomy</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Tumor Type</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Epithelial tumors of the esophagus</td>
<td>Includes all carcinomas and well-differentiated neuroendocrine tumors</td>
</tr>
<tr>
<td>Epithelial tumors of the esophagogastric junction</td>
<td>Includes tumors involving the esophagogastric junction with center no more than 2 cm into the proximal stomach</td>
</tr>
</tbody>
</table>

This protocol is NOT required for accreditation purposes for the following:

<table>
<thead>
<tr>
<th>Procedure</th>
</tr>
</thead>
<tbody>
<tr>
<td>Biopsy</td>
</tr>
<tr>
<td>Excisional biopsy (includes endoscopic resection and polypectomy)</td>
</tr>
<tr>
<td>Primary resection specimen with no residual cancer (eg, following neoadjuvant therapy)</td>
</tr>
<tr>
<td>Recurrent tumor</td>
</tr>
<tr>
<td>Cytologic specimens</td>
</tr>
</tbody>
</table>

The following tumor types should NOT be reported using this protocol:

<table>
<thead>
<tr>
<th>Tumor Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tumor involving the esophagogastric junction (EGJ) with the tumor midpoint more than 2 cm into the proximal stomach (consider the Stomach Carcinoma protocol, see notes in relationship to EGJ)</td>
</tr>
<tr>
<td>Tumor midpoint is less than 2 cm into the proximal stomach, but the tumor does not involve the EGJ (consider the Stomach Carcinoma protocol)</td>
</tr>
<tr>
<td>Lymphoma (consider the Hodgkin or non-Hodgkin Lymphoma protocol)</td>
</tr>
<tr>
<td>Gastrointestinal stromal tumor (GIST) (consider the GIST protocol)</td>
</tr>
<tr>
<td>Non-GIST sarcoma (consider the Soft Tissue protocol)</td>
</tr>
</tbody>
</table>

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With guidance from the CAP Cancer Committee and CAP Pathology Electronic Reporting Committee.

* Denotes primary author. All other contributing authors are listed alphabetically.
Accreditation Requirements
This protocol can be utilized for a variety of procedures and tumor types for clinical care purposes. For accreditation purposes, only the definitive primary cancer resection specimen is required to have the core and conditional data elements reported in a synoptic format.

- **Core data elements** are required in reports to adequately describe appropriate malignancies. For accreditation purposes, essential data elements must be reported in all instances, even if the response is "not applicable" or "cannot be determined."

- **Conditional data elements** are only required to be reported if applicable as delineated in the protocol. For instance, the total number of lymph nodes examined must be reported, but only if nodes are present in the specimen.

- **Optional data elements** are identified with "+" and although not required for CAP accreditation purposes, may be considered for reporting as determined by local practice standards.

The use of this protocol is not required for recurrent tumors or for metastatic tumors that are resected at a different time than the primary tumor. Use of this protocol is also not required for pathology reviews performed at a second institution (ie, secondary consultation, second opinion, or review of outside case at second institution).

Endoscopic resection is NOT considered to be the definitive resection specimen, even though the entire cancer may be removed. A protocol is recommended for reporting such specimens for clinical care purposes, but this is not required for accreditation purposes.

Synoptic Reporting
All core and conditionally required data elements outlined on the surgical case summary from this cancer protocol must be displayed in synoptic report format. Synoptic format is defined as:

- Data element: followed by its answer (response), outline format without the paired "Data element: Response" format is NOT considered synoptic.

- The data element must be represented in the report as it is listed in the case summary. The response for any data element may be modified from those listed in the case summary, including "Cannot be determined" if appropriate.

- Each diagnostic parameter pair (Data element: Response) is listed on a separate line or in a tabular format to achieve visual separation. The following exceptions are allowed to be listed on one line:
  - Anatomic site or specimen, laterality, and procedure
  - Pathologic Stage Classification (pTNM) elements
  - Negative margins, as long as all negative margins are specifically enumerated where applicable

- The synoptic portion of the report can appear in the diagnosis section of the pathology report, at the end of the report or in a separate section, but all Data element: Responses must be listed together in one location. Organizations and pathologists may choose to list the required elements in any order, use additional methods in order to enhance or achieve visual separation, or add optional items within the synoptic report. The report may have required elements in a summary format elsewhere in the report IN ADDITION TO but not as replacement for the synoptic report i.e. all required elements must be in the synoptic portion of the report in the format defined above.

**CAP Laboratory Accreditation Program Protocol Required Use Date: March 2018**
*Beginning January 1, 2018, the 8th edition AJCC Staging Manual should be used for reporting pTNM.*

**CAP Esophagus Protocol Summary of Changes**

The following data elements have been modified:
- Relationship of Tumor to Esophagogastric Junction
- Histologic Type
- Histologic Grade
- Microscopic Tumor Extension
- Pathologic Stage Classification (pTNM, AJCC 8th Edition)
Surgical Pathology Cancer Case Summary

Protocol posting date: June 2017

ESOPHAGUS:

Select a single response unless otherwise indicated.

Procedure (Note A)
___ Endoscopic resection
___ Esophagectomy
___ Esophagogastrectomy
___ Other (specify): _______________________
___ Not specified

Tumor Site (select all that apply) (Note B)
___ Cervical (proximal) esophagus
___ Mid esophagus, upper thoracic esophagus
___ Mid esophagus, middle thoracic esophagus
___ Mid esophagus, not otherwise specified
___ Distal esophagus (low thoracic esophagus)
___ Esophagogastric junction (EGJ)
___ Proximal stomach/cardia
___ Other (specify): _______________________
___ Esophagus, not otherwise specified

Relationship of Tumor to Esophagogastric Junction (Note B)
___ Tumor is entirely located within the tubular esophagus and does not involve the esophagogastric junction
___ Tumor midpoint lies in the distal esophagus and tumor involves the esophagogastric junction
___ Tumor midpoint is located at the esophagogastric junction
___ Tumor midpoint is 2 cm or less into the proximal stomach or cardia and tumor involves the esophagogastric junction#
___ Not specified
___ Cannot be assessed

# Use the stomach cancer protocol if either (1) the tumor involves the EGJ, but the midpoint is more than 2 cm into the proximal stomach or (2) the midpoint is less than 2 cm into the proximal stomach, but the tumor does not involve the EGJ.

Distance of tumor center from esophagogastric junction (specify, if applicable) (centimeters): ___ cm

Tumor Size
Greatest dimension (centimeters): ___ cm
+ Additional dimensions (centimeters): ___ x ___ cm
___ Cannot be determined (explain): _______________________

Histologic Type (Note C)
___ Adenocarcinoma
___ Adenoid cystic carcinoma
___ Mucoepidermoid carcinoma
___ Mixed adenoneuroendocrine carcinoma
___ Undifferentiated carcinoma with glandular component
___ Squamous cell carcinoma

+ Data elements preceded by this symbol are not required for accreditation purposes. These optional elements may be clinically important but are not yet validated or regularly used in patient management.
___ Basaloid squamous cell carcinoma
___ Adenosquamous carcinoma
___ Spindle cell (squamous) carcinoma
___ Verrucous (squamous) carcinoma
___ Undifferentiated carcinoma with squamous component
___ Undifferentiated carcinoma
___ Large cell neuroendocrine carcinoma
___ Small cell neuroendocrine carcinoma
___ Neuroendocrine carcinoma (poorly differentiated) #
___ G1: Well-differentiated neuroendocrine tumor
___ G2: Well-differentiated neuroendocrine tumor
___ G3: Well-differentiated neuroendocrine tumor
___ Other histologic type not listed (specify): __________________________
___ Carcinoma, type cannot be determined

# Note: Select this option only if large cell or small cell cannot be determined.

Histologic Grade (required only if applicable) (Note D) #
___ G1: Well differentiated
___ G2: Moderately differentiated
___ G3: Poorly differentiated, undifferentiated
___ GX: Cannot be assessed

# Histologic grade is not applicable to adenoid cystic carcinoma, mucoepidermoid carcinoma, well-differentiated neuroendocrine tumor, and high-grade neuroendocrine carcinoma.

Tumor Extension (Note E)
___ No evidence of primary tumor
___ High-grade dysplasia/carcinoma in situ, defined as malignant cells confined to the epithelium by the basement membrane
___ Tumor invades the lamina propria
___ Tumor invades the muscularis mucosae
___ Tumor invades the submucosa
___ Tumor invades the muscularis propria
___ Tumor invades adventitia
___ Tumor invades adjacent structures/organs # (specify): __________________________
___ Cannot be assessed

# The adjacent structures of the esophagus include the pleura, pericardium, azygos vein, diaphragm, peritoneum, aorta, vertebral body, and airway.

Margins (Note F)
Note: Use this section only if all margins are uninvolved and all margins can be assessed.
___ All margins are uninvolved by invasive carcinoma, dysplasia, and intestinal metaplasia
   Margins examined:
     ___ Note: Margins may include proximal, distal, radial, mucosal, deep, and others.
     + Distance of invasive carcinoma from closest margin (millimeters or centimeters): ___ mm or ___ cm
     + Specify closest margin: __________________________

+ Data elements preceded by this symbol are not required for accreditation purposes. These optional elements may be clinically important but are not yet validated or regularly used in patient management.
Individual margin reporting required if any margins are involved or margin involvement cannot be assessed

For esophagectomy and esophagogastrectomy specimens only

Proximal Margin
___ Cannot be assessed
___ Involved by invasive carcinoma
___ Uninvolved by invasive carcinoma
    ___ Uninvolved by dysplasia
    ___ Involved by low-grade squamous dysplasia
    ___ Involved by high-grade squamous dysplasia
    ___ Involved by low-grade glandular dysplasia
    ___ Involved by high-grade glandular dysplasia
    ___ Involved by intestinal metaplasia (Barrett esophagus) without dysplasia

Distal Margin
___ Cannot be assessed
___ Involved by invasive carcinoma
___ Uninvolved by invasive carcinoma
    ___ Uninvolved by dysplasia
    ___ Involved by low-grade squamous dysplasia
    ___ Involved by high-grade squamous dysplasia
    ___ Involved by low-grade glandular dysplasia
    ___ Involved by high-grade glandular dysplasia
    ___ Involved by intestinal metaplasia (Barrett esophagus) without dysplasia

Radial Margin
___ Cannot be assessed
___ Uninvolved by invasive carcinoma
___ Involved by invasive carcinoma

Other Margin(s) (required only if applicable)
Specify margin(s): ___________________________
___ Cannot be assessed
___ Uninvolved by invasive carcinoma
___ Involved by invasive carcinoma

For endoscopic resection specimens only

Mucosal Margin
___ Cannot be assessed
___ Involved by invasive carcinoma
___ Uninvolved by invasive carcinoma
    ___ Uninvolved by dysplasia
    ___ Involved by low grade squamous dysplasia
    ___ Involved by high grade squamous dysplasia
    ___ Involved by low grade glandular dysplasia
    ___ Involved by high grade glandular dysplasia
    ___ Involved by intestinal metaplasia (Barrett esophagus) without dysplasia

Deep Margin
___ Cannot be assessed
___ Uninvolved by invasive carcinoma
___ Involved by invasive carcinoma

+ Data elements preceded by this symbol are not required for accreditation purposes. These optional elements may be clinically important but are not yet validated or regularly used in patient management.
Other Margin(s) (required only if applicable)
Specify margin(s): ___________________________
___ Cannot be assessed
___ Uninvolved by invasive carcinoma
___ Involved by invasive carcinoma

Treatment Effect (Note G)
___ No known presurgical therapy
___ Present
  + ___ No viable cancer cells (complete response, score 0)
  + ___ Single cells or rare small groups of cancer cells (near complete response, score 1)
  + ___ Residual cancer with evident tumor regression, but more than single cells or rare small groups of
cancer cells (partial response, score 2)
___ Absent
  + ___ Extensive residual cancer with no evident tumor regression (poor or no response, score 3)
___ Cannot be determined

Lymphovascular Invasion
___ Not identified
___ Present
___ Cannot be determined

+ Perineural Invasion
+ ___ Not identified
+ ___ Present
+ ___ Cannot be determined

Regional Lymph Nodes
___ No nodes submitted or found

Lymph Node Examination (required only if lymph nodes present in specimen)
Number of Lymph Nodes Involved: ____
___ Number cannot be determined (explain): ______________________
Number of Lymph Nodes Examined: ____
___ Number cannot be determined (explain): ______________________

Pathologic Stage Classification (pTNM, AJCC 8th Edition) (Note H)
Note: Reporting of pT, pN, and (when applicable) pM categories is based on information available to the pathologist at the time
the report is issued. Only the applicable T, N, or M category is required for reporting; their definitions need not be included in
the report. The categories (with modifiers when applicable) can be listed on 1 line or more than 1 line.

TNM Descriptors (required only if applicable) (select all that apply)
___ m (multiple primary tumors)
___ r (recurrent)
___ y (posttreatment)

Primary Tumor (pT)
___ pTX: Tumor cannot be assessed
___ pT0: No evidence of primary tumor
___ pTis: High-grade dysplasia, defined as malignant cells confined to the epithelium by basement membrane
___ pT1: Tumor invades the lamina propria, muscularis mucosae, or submucosa
___ pT1a: Tumor invades the lamina propria or muscularis mucosae
___ pT1b: Tumor invades the submucosa
___ pT2: Tumor invades the muscularis propria
___ pT3: Tumor invades adventitia
___ pT4: Tumor invades adjacent structures
___ pT4a: Tumor invades the pleura, pericardium, azygos vein, diaphragm, or peritoneum
___ pT4b: Tumor invades other adjacent structures, such as aorta, vertebral body, or airway

Regional Lymph Nodes (pN) (Note I)
___ pNX: Regional lymph nodes cannot be assessed
___ pN0: No regional lymph node metastasis
___ pN1: Metastasis in one or two regional lymph nodes
___ pN2: Metastasis in three to six regional lymph nodes
___ pN3: Metastasis in seven or more regional lymph nodes

Distant Metastasis (pM) (required only if confirmed pathologically in this case)
___ pM1: Distant metastasis
   Specify site(s), if known: ____________________________

+ Additional Pathologic Findings (select all that apply) (Note J)
+ ___ None identified
+ ___ Intestinal metaplasia (Barrett’s esophagus)
+ ___ Low-grade squamous dysplasia
+ ___ High-grade squamous dysplasia
+ ___ Low-grade glandular dysplasia
+ ___ High-grade glandular dysplasia
+ ___ Esophagitis (type): ____________________________
+ ___ Gastritis (type): ____________________________
+ ___ Other (specify): ____________________________

+ Ancillary Studies

Note: For HER2 reporting, the CAP Gastric HER2 template should be used. Pending biomarker studies should be listed in the Comments section of this report.

+ Comment(s)
Explanatory Notes

A. Application
This protocol applies to:
1) All carcinomas arising in the esophagus
2) Carcinomas involving the esophagogastric junction (EGJ), with tumor midpoint ≤2 cm into the proximal stomach/cardia
3) Well-differentiated neuroendocrine tumors, WHO grade 1, 2 and grade 3 (stage grouping for prognosis is not used)#

This protocol DOES NOT apply to:
1) Carcinomas involving the EGJ, with tumor midpoint >2 cm into the proximal stomach (use CAP protocol for gastric cancer)
2) Carcinomas of the cardia/proximal stomach without involvement of the EGJ even if tumor midpoint is ≤2 cm into the proximal stomach (use CAP protocol for gastric cancer)
3) Lymphomas, gastrointestinal stromal tumors, and sarcomas.

# Esophageal well-differentiated neuroendocrine tumors are so rare, a separate staging system is not warranted.

B. Location
The location of the tumor in the esophagus (cervical, upper thoracic, middle thoracic, lower thoracic, abdominal) and with respect to the macroscopic EGJ (defined as where the tubular esophagus meets the stomach, as measured from the top of the gastric folds) should be noted whenever possible (Figure 1). Cancers located in the cervical esophagus are staged as upper thoracic esophageal cancer. The abdominal esophagus is included in the lower thoracic esophagus. The macroscopic EGJ often does not correspond to the junction of esophageal squamous mucosa and columnar mucosa because of the common finding in esophageal resection specimens of glandular mucosa involving the distal esophagus. Because anatomic divisions of the esophagus are defined by anatomic boundaries and relationships to other structures,¹ it may not be possible for the pathologist to determine exact tumor location from the resection specimen.
For tumors involving the EGJ, specific observations should be recorded in an attempt to establish the exact site of origin of the tumor. The EGJ is defined as the junction of the tubular esophagus and the stomach, irrespective of the type of epithelial lining of the esophagus. The pathologist should record the maximum longitudinal dimension of the tumor mass (see Note E), the distance of the tumor midpoint from the EGJ, and the relative proportions of the tumor mass located in the esophagus and in the stomach.

The World Health Organization (WHO) defines that esophageal tumors are those located entirely above the EGJ and proximal gastric tumors as those located entirely below the EGJ. Tumors crossing the EGJ are classified as EGJ tumors. An alternative system proposed by Siewart and colleagues divides adenocarcinomas involving the EGJ into 3 categories, based upon location of the midpoint of the tumor.

Type I: Carcinoma of the distal esophagus, with or without infiltration of the EGJ from above
Type II: True carcinoma of the gastric cardia, arising from the cardiac epithelium or short segments with intestinal metaplasia at the EGJ
Type III: Subcardial gastric carcinoma, which infiltrates the EGJ and distal esophagus from below

In the AJCC 8th edition, tumors involving the EGJ that have midpoint within the proximal 2 cm of the cardia/proximal stomach are to be staged as esophageal cancers. Cancers whose epicenter is more than 2 cm distal from the EGJ, even if EGJ is involved, should be staged using the stomach cancer TNM and stage groupings.

C. Histologic Type
For consistency in reporting, the histologic classification proposed by the WHO is recommended. However, this protocol does not preclude the use of other systems of classification or histologic types. This protocol includes...
esophageal well-differentiated neuroendocrine tumors due to the fact that well-differentiated neuroendocrine tumors are extremely rare in the esophagus.

Worldwide, squamous cell carcinoma continues to predominant as the most common histologic type, but numerous population-based studies document the increasing incidence of adenocarcinoma of the esophagus and EGJ in Western countries. More than 50% of esophageal carcinomas diagnosed in the United States since 1900 are adenocarcinomas. Other subtypes, such as adenoid cystic carcinoma and mucoepidermoid carcinoma, which resemble their counterparts arising in salivary gland, are rarely encountered.

The TNM staging system for esophageal carcinomas incorporates tumor grade and histologic type in the stage groupings (see Note H). Mixed histologic types, such as adenosquamous carcinomas, are staged using the squamous cell carcinoma stage grouping.

WHO Classification of Carcinoma of the Esophagus

Squamous:
- Squamous cell carcinoma
- Basaloid squamous cell carcinoma
- Adenosquamous carcinoma
- Verrucous (squamous) carcinoma
- Spindle cell (squamous) carcinoma
- Undifferentiated carcinoma with squamous component
- Undifferentiated carcinoma

Adenocarcinoma:
- Adenocarcinoma
- Mucoepidermoid carcinoma
- Adenoid cystic carcinoma
- Mixed adenoneuroendocrine carcinoma
- Undifferentiated carcinoma with glandular component

Other histologies
- Well-differentiated neuroendocrine tumor
  - WHO grade 1
  - WHO grade 2
  - WHO grade 3
- High-grade neuroendocrine carcinoma
  - Large cell neuroendocrine carcinoma
  - Small cell neuroendocrine carcinoma
  - Neuroendocrine carcinoma, large cell or small cell cannot be determined

# Use squamous cell carcinoma grouping system.
## Use adenocarcinoma grouping system.
### No stage grouping for these tumors.

The term carcinoma, NOS (not otherwise specified) is not part of the WHO classification.

D. Histologic Grade
The histologic grades for esophageal squamous cell carcinomas are as follows:

Grade X  Grade cannot be assessed
Grade 1  Well differentiated
Grade 2  Moderately differentiated
Grade 3  Poorly differentiated, undifferentiated, undifferentiated with squamous component
If there are variations in the differentiation within the tumor, the highest (least favorable) grade is recorded. Every effort should be avoid signing out a histologic grade as “undifferentiated.” If this cannot be resolved, the cancer should be staged as a G3 squamous cell carcinoma.

For adenocarcinomas, a suggested grading system based on the proportion of the tumor that is composed of glands is as follows:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Grade cannot be assessed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grade 1</td>
<td>Well-differentiated (greater than 95% of tumor composed of glands)</td>
</tr>
<tr>
<td>Grade 2</td>
<td>Moderately differentiated (50% to 95% of tumor composed of glands)</td>
</tr>
<tr>
<td>Grade 3</td>
<td>Poorly differentiated (49% or less of tumor composed of glands), undifferentiated with glandular component</td>
</tr>
</tbody>
</table>

For purposes of staging, all undifferentiated carcinomas are staged as grade 3 squamous cell carcinomas or adenocarcinoma when the tumors with glandular component. Small cell and large cell neuroendocrine carcinomas are not typically graded but are high-grade tumors. In general, mucoepidermoid carcinoma and adenoid cystic carcinoma of the esophagus are not amenable to grading.

Well-differentiated neuroendocrine tumors (NETs) of the esophagus are extremely rare. The WHO classification of the digestive NETs can be used to grade the tumors. WHO Grade 1 tumors have <2 mitoses per 10 HPF and Ki-67 labeling index <3%, while WHO Grade 2 tumors have 2 to 20 mitoses per 10 HPF or Ki-67 labeling index 3%-20%, and rare WHO grade 3 well-differentiated tumors have >20 mitoses per 10 HPF or Ki67 labeling index >20%.

E. Tumor Extension

For purposes of data reporting, Barrett's esophagus with high-grade dysplasia in an esophageal resection specimen is reported as carcinoma in situ. The term carcinoma in situ is not widely applied to glandular neoplastic lesions in the gastrointestinal tract but is retained for tumor registry reporting purposes as specified by law in many states. Invasion of the lamina propria may be difficult to assess for glandular neoplasms in the esophagus. The muscularis mucosae (Figure 2) is commonly duplicated and thickened in Barrett’s esophagus; invasion of this layer should not be misinterpreted as invasion of the muscularis propria. It should be noted that the muscularis mucosae varies in organization from relatively sparse bundles of smooth muscle in the cervical esophagus to a thickened reticulated network in the distal esophagus.

Figure 2. Microscopic anatomy of the esophagus. From Rice et al. Used with permission of the American Joint Committee on Cancer (AJCC), Chicago, Illinois. The original source for this material is the AJCC Cancer Staging Manual, 8th edition (2017) published by Springer Science and Business Media LLC, www.springerlink.com.

Lymphatic channels are present in the entire layer of the esophagus, including the lamina propria, but they are most concentrated in the submucosa. The longitudinal nature of the submucosal lymphatic plexus allows
lymphatic spread orthogonal to depth of tumor invasion. Occasionally skip lesions are present in the resection specimens, possible caused by longitudinal lymphatic spread. If there are multiple discrete lesions, the tumor length is measured from the top of the highest lesion to the bottom of the lowest. The suffix “m” is required in this instance (see Note H). Tumor length may be a strong predictor for the presence or absence of nodal disease in early to intermediate-stage esophageal cancer.

F. Margins
Margins include the proximal, distal, and radial margins. The radial margin represents the adventitial soft tissue margin closest to the deepest penetration of tumor. Sections to evaluate the proximal and distal resections margins can be obtained in 2 orientations: (1) en face sections parallel to the margin or (2) longitudinal sections perpendicular to the margin. Depending on the closeness of the tumor to the margin, select the orientation(s) that will most clearly demonstrate the status of the margin. The distance from the tumor edge to the closest resection margin(s) should be measured if all margins are uninvolved by invasive carcinoma. Proximal and distal resection margins should be evaluated for Barrett’s esophagus and for squamous and glandular dysplasia if they are not involved by invasive carcinoma. It may be helpful to mark the margin(s) closest to the tumor with ink. Margins marked by ink should be so designated in the macroscopic description.

G. Treatment Effect
Response of tumor to previous chemotherapy or radiation therapy should be reported. Several systems for tumor response have been advocated, and a modified Ryan scheme is suggested, which has been shown to provide good interobserver reproducibility provide prognostic significance in rectal cancer.11

<table>
<thead>
<tr>
<th>Description</th>
<th>Tumor Regression Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>No viable cancer cells (complete response)</td>
<td>0</td>
</tr>
<tr>
<td>Single cells or rare small groups of cancer cells (near complete response)</td>
<td>1</td>
</tr>
<tr>
<td>Residual cancer with evident tumor regression, but more than single cells or rare small groups of cancer cells (partial response)</td>
<td>2</td>
</tr>
<tr>
<td>Extensive residual cancer with no evident tumor regression (poor or no response)</td>
<td>3</td>
</tr>
</tbody>
</table>

Sizable pools of acellular mucin may be present after chemoradiation but should not be interpreted as representing residual tumor.

This protocol does not preclude the use of other systems for assessment of tumor response.12-14

H. TNM and Anatomic Stage/Prognostic Groupings
The TNM staging system for esophageal carcinoma of the American Joint Committee on Cancer (AJCC) and the International Union Against Cancer (UICC) is recommended (Figure 3).1
According to AJCC/UICC convention, the designation “T” refers to a primary tumor that has not been previously treated. The symbol “p” refers to the pathologic classification of the TNM, as opposed to the clinical classification, and is based on gross and microscopic examination. pT entails a resection of the primary tumor or biopsy adequate to evaluate the highest pT category, pN entails removal of nodes adequate to validate lymph node metastasis, and pM implies microscopic examination of distant lesions. Clinical classification (cTNM) is usually carried out by the referring physician before treatment during initial evaluation of the patient or when pathologic classification is not possible.

Pathologic staging is usually performed after surgical resection of the primary tumor. Pathologic staging depends on pathologic documentation of the anatomic extent of disease, whether or not the primary tumor has been completely removed. If a biopsied tumor is not resected for any reason (e.g., when technically infeasible) and if the highest T and N categories or the M1 category of the tumor can be confirmed microscopically, the criteria for pathologic classification and staging have been satisfied without total removal of the primary cancer.

**TNM Descriptors**

For identification of special cases of TNM or pTNM classifications, the “m” suffix and “y,” “r,” and “a” prefixes are used. In the AJCC 8th edition, “y” affects the stage grouping.

The “m” suffix indicates the presence of multiple primary tumors in a single site and is recorded in parentheses: pT(m)NM.

The “y” prefix indicates those cases in which classification is performed during or after initial multimodality therapy (i.e., neoadjuvant chemotherapy, radiation therapy, or both chemotherapy and radiation therapy). The cTNM or pTNM category is identified by a “y” prefix. The ycTNM or ypTNM categorizes the extent of tumor actually present
at the time of that examination. The “y” categorization is not an estimate of tumor before multimodality therapy (ie, before initiation of neoadjuvant therapy).

The “r” prefix indicates a recurrent tumor when staged after a documented disease-free interval and is identified by the “r” prefix: rTNM.

The “a” prefix designates the stage determined at autopsy: aTNM.

N Category Considerations
A mediastinal lymphadenectomy specimen will ordinarily include 7 or more regional lymph nodes. The minimum number of lymph nodes needed for adequate staging for esophageal cancers in esophagectomy or gastroesophagectomy specimens has not been determined. The periesophageal soft tissue should be dissected thoroughly to maximize the lymph node yields. In patients who receive preoperative treatment, lymph nodes may become fibrotic/atrophic. Lymph nodes with acellular mucin lakes are not considered as positive lymph nodes. Cytokeratin stains may aid identification of residual cancer cells in lymph nodes; however, they should be interpreted in conjunction with morphologic findings.

Prognostic/Stage Groupings
Different stage groupings are used for squamous cell carcinomas and adenocarcinomas. In addition, a separate stage grouping is used to stage patients receiving neoadjuvant treatment due to the fact that prognostic implication for ypTNM differs from those of equivalent pTNM. 1

Location plays a role in the stage grouping of esophageal squamous cell carcinomas:

<table>
<thead>
<tr>
<th>Location Category</th>
<th>Location Criteria</th>
</tr>
</thead>
<tbody>
<tr>
<td>X</td>
<td>Location Unknown</td>
</tr>
<tr>
<td>Upper</td>
<td>Cervical esophagus to lower border of azygos vein</td>
</tr>
<tr>
<td>Middle</td>
<td>Lower border of azygos vein to lower border of inferior pulmonary vein</td>
</tr>
<tr>
<td>Lower</td>
<td>Lower border of inferior pulmonary vein to stomach, including gastroesophageal junction</td>
</tr>
</tbody>
</table>

Note: Location is defined by the position of the epicenter of the tumor in the esophagus.

Stage Groupings: Squamous Cell Carcinoma

<table>
<thead>
<tr>
<th>Stage</th>
<th>T</th>
<th>N</th>
<th>M</th>
<th>G</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stage 0</td>
<td>Tis</td>
<td>N0</td>
<td>M0+</td>
<td>N/A</td>
<td>Any</td>
</tr>
<tr>
<td>Stage IA</td>
<td>T1a</td>
<td>N0</td>
<td>M0</td>
<td>1 or X</td>
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</tr>
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T4a  N2  M0  Any  Any  
T4b  N0-2  M0  Any  Any  
Any  N3  M0  Any  Any  

Stage IVB  
Any T  Any N  M1  Any  Any  

# M0 is defined as no distant metastasis.

Stage Grouping: Adenocarcinoma  

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* HGD, high-grade dysplasia.

Stage grouping: ypTNM (applies to both squamous and adenocarcinomas)  

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Esophageal involvement is coarsely grouped into N0 (no positive lymph node), N1 (1-2 positive lymph nodes), N2 (3-6 positive lymph nodes), and N3 (7 or more positive lymph nodes).

Figure 4. Regional lymph nodes of the esophagus. From Rice et al.\textsuperscript{1} Used with permission of the American Joint Committee on Cancer (AJCC), Chicago, Illinois. The original source for this material is the AJCC Cancer Staging Manual, 8th edition (2017) published by Springer Science and Business Media LLC, www.springerlink.com.

J. Additional Findings
Most esophageal adenocarcinomas develop in the setting of Barrett’s esophagus, which is defined as alteration of the mucosal lining of the esophagus from the normal squamous epithelium to metaplastic columnar epithelium in response to esophagogastric reflux. Although in some cases the columnar epithelium may resemble gastric oxyntic or cardiac mucosa, only the specialized columnar epithelium with goblet cells is considered to carry significant risk of cancer and is designated as Barrett’s esophagus for diagnostic purposes in the United States. However, controversy remains whether the definition should be limited to columnar epithelium with goblet cells or should be expanded to include non-goblet cell columnar epithelium.

References


